southcom.miami.sc-cc.mbx.usag-mwr@mail.mil



http://miami.armymwr.com

Apr 19 2017

THE MAR/APR 2017 BUGLE BOY



LIKE MWR on FACEBOOK



No endorsement implied

FOR TICKETS. CALL LEISURE TRAVEL SERVICES

305.437.1595 | Leisure Travel Services

Attractions, cruises, sports and more!









Fitness Center Class Schedule

http://miami.armymwr.com/us/miami/programs/fitness-center/

Monday

0600-0700 Functional Fitness with Frank - Free 1100-1200 Strength & Conditioning w/Frank - Free 1100-1230 Functional Fitness w/Frank - Free 1215-1315 Integrative Yoga 1600-1800 Old School Weight Training w/Frank - Free

Tuesday

0600-0700 Functional Fitness w/Frank - Free 1100-1200 Strength & Conditioning w/Frank - Free 1100-1230 Functional Fitness with Frank - Free 1130-1230 Indoor Cycling 1300-1400 Old School Weight Training - Free 1600-1800 Functional Fitness





Friday 1215-1315 Yoga Flow

Wednesday

0600-0700 Functional Fitness w/Frank - Free 1100-1200 Strength & Conditioning w/Frank 1100-1230 Functional Fitness w/Frank - Free 1130-1230 Indoor Cycling 1200-1300 Old School Weight Training w/Frank 1215-1315 Yoga Flow

Thursday

0600-0700 Functional Fitness w/Frank - Free 1100-1230 Functional Fitness w/Frank - Free 1130-1230 Indoor Cycling 1200-1300 Old School Weight Training w/Frank 1200-1300 Strength & Conditioning

All SOUTHCOM/USAG-MIAMI employees may use the Miami Dade Public Safety Training Institute Aquatic Center 9601 NW 58th Street, Miami, FL 33178. M-F, 0600-1800. Call for details: 305.715.5000. Guests are not allowed.

Hours of Operation

Monday - Thursday: 0500 - 2100, Friday: 0500 - 2000 Saturday and Sunday: 1000 - 1700, Closed on holidays Open to Active Duty, Reserve, Retired Military & their Dependents

305.437.0123/0124

Schedule is Subject to Change \$3 per Class or \$25 for 10 Classes Pay with cash, check or credit card Please arrive on time for class First Come - First Served

SEXUAL ASSAULT AWARENESS & PREVENTION MONTH EVENTS

DoD Denim Day Observance, April 28, All Day Southcom/USAG-Miami





Army Community Service

http://miami.armymwr.com

<u>UPCOMING CLASSES AND EVENTS</u> - Mark Your Calendars Click on the links for more information and to register

"Can I Kiss You" Training, April 13, 9 & 11am, CCA MCR

Household Goods & PCS Entitlements, April 20, 1-2pm

VOLULNTEER RECOGNITION CEREMONY, April 21, 2-3pm

MAD HATTER'S MILITARY FAMILY BALL, April 22, 6-10pm

Interview Techniques/Mock Interviews, April 25, 9am-12pm

DoD Denim Day Observance, April 28, All Day

Newcomer Orientation, May 4, 8am-4pm

Miami Tour, May 5, 9am-4pm

Military Spouse Tea, May 17, 10am-2pm

Memorial Day Ceremony, May 22, 1-3pm











USSOUTHCOM/USAG-MIAMI - RELATED FACEBOOK PAGES

U.S. Southern Command (SOUTHCOM) - https://www.facebook.com/southcom?fref=ts

USAG - MIAMI Family Support Center - https://www.facebook.com/USAGMiamiFamilySupportCenter

USAG-MIAMI FMWR - https://www.facebook.com/miamifmwr

SOUTHERN COMMAND SPOUSES - https://www.facebook.com/groups/131929440155922/?fref=ts

USSOUTHCOM PARENT SUPPORT GROUP - https://www.facebook.com/groups/121356728011135/

MILITARY SPOUSE RECIPE SWAP - https://www.facebook.com/groups/102922893243498/

Southern Command On-line Yard Sales - https://www.facebook.com/groups/567364979982480/

Homestead Zip Code Group - www.facebook.com/groups/HomesteadMilitaryWives

SOCSOUTH SPOUSES GROUP - www.facebook.com/groups/socsouthredfam (private page for FRG members only)

Conference Center of the Americas (CCA) - https://www.facebook.com/USSOUTHCOMCCA

Army Substance Abuse Program USAG-Miami - https://www.facebook.com/ArmySubstanceAbuseProgramMiami

J9's Public Private Cooperation division - https://www.facebook.com/southcomppc

US SOUTHCOM Health Clinic: https://www.facebook.com/ArmyHealthClinicSouthcom

USAG-Miami Joint Education Services: https://www.facebook.com/usagmiamijointeducationservices/

SURVIVOR OUTREACH SERVICES FLORIDA - https://www.facebook.com/FLSOS/?fref=ts

VOLUNTEER REGISTRATION - Volunteer Management Information System (VMIS)



1. Using Internet Explorer, go to www.myarmyonesource.com. If you are not already registered on this site, click on Register at the top right. Click on the Join Now button in the middle of that page on the right. Complete the registration form and select USAG-Miami in the Military Community Affiliation drop-box under HQ IMCOM. 2. Once registered, you can log in. Click on the Volunteer Tools tab located in the upper right hand corner of the webpage. 3. Click on Volunteer Profile. Complete all requested information in the volunteer profile. Be sure to enter the last four digits only of your social security number and save the page. This will ensure you are a registered volunteer. 4. You can use the Volunteer Opportunities tab to locate volunteer opportunities on the installation. If you want to volunteer off the installation, click on the Army Community Service link provides a generic volunteer position description - Special Projects Volunteer - for all off-post volunteer opportunities. 5. Once you locate a volunteer opportunity, click on the position of interest. This will supply you with a detailed outline of the position including the organization contact person. If you want to apply for the position, click on the Apply button on the top right of the position description. 6. Questions or concerns, contact Mary Ortiz, Volunteer Coordinator at 305.437.2665 or 305.437.2667 mary.e.ortiz.civ@mail.mil.

<u>CHAPMAN PARTNERSHIP</u> - Make a real difference in the lives of people who have fallen on hard times. Volunteers are needed for: Meal Services Program, Breakfast



(5:30-7:30am.) Lunch (11am-1pm.) Dinner (5-7pm.) After School Programming in our Family Resource Center (M-F 2-5:30pm and 6:30-7:30pm: Saturday 9-11:30am.) Warehouse and Maintenance Operations (M-F, 8am-5pm.) Holiday Assistance, Special Events. All volunteers must complete the volunteer registration paperwork along with a color picture ID. Chapman Partnership has two locations: one in Downtown Miami and one in Homestead. POC: Grace Ugalde-Wolpert, Community Outreach Manager, Chapman Partnership. 1550 North Miami Avenue, Miami, 33136, 305.329.3081, gugalde@chapmanpartnership.org. For more information, visit www.chapmanpartnership.org.

KRISTI HOUSE Volunteers needed at the Kristi House clinic: You must be over age 18 and a high school graduate for this program. Monday-Friday, 8:30am-5:30pm: Waiting Room Ambassadors (you can color with the children, read books, make bracelets etc.) Peak hours are afterschool 2-5:30pm. The clinic needs people to play with the children while they are waiting for therapy and/or when their parent is being interviewed by a State Attorney. The need is during the day and on weekdays Other volunteer activities include: public speaking, fundraising, special events and in-kind donation drives. Thank you for your support of these sexually abused children and their families. POC: Kristi House Volunteer Coordinator Abegail De La Fuente at o. 305.547.6823 c. 786.203.6758 f. 305.250.9161. AFuente@kristihouse.org.

THE ARTS - http://www.artsbizmiami.org/CampaignProcess.aspx?A=View&Data=AHWWLp%2fPUVM30eGwruBkKg%3d%3d



<u>MILITARY HOSPITALITY LOUNGE</u> in Miami International Airport (MIA.) Applicants select shifts but must work at least twice per month. Most volunteers work once a week. Shifts are from 9am-1pm, 1-5pm, and 5-9pm. Volunteers will receive passes for employee parking at MIA. Must have some computer knowledge and work well with traveling military and their families with IDs. Sign up online at www.militaryloungemiami.com/?page_id=8 or call 305.587.0046. http://www.miami-airport.com/armed_forces.asp.



SCUBA DIVERS, VOLUNTEER with Veterans Ocean Adventures and share the undersea world with the disabled community and disabled veterans. Once certified as a Buddy Diver by the Handicapped SCUBA Association, join us as we give back to the community supporting adaptive diving. Volunteers receive free air and free passage on scheduled boat dives. For more information, email info@veteransoceanadventures.org.



CHARLEE OF DADE COUNTY, INC. provides for the needs of abused, abandoned, neglected, and at-risk children in Miami-Dade County. To volunteer, call 305.779.9706.







BROWARD. http://www.handsonbroward.org/

MIAMI-DADE: http://www.handsonmiami.org/

MIAMI-DADE DEFENSE ALLIANCE COMMUNITY RESOURCE GUIDE AND DISCOUNT DIRECTORY - http://www.beaconcouncil.com/miami-dade-defense-alliance-community-resource-guide

MILITARY DISCOUNTS - http://www.bradsdeals.com/blog/military-discounts

OCEAN FIVE HOTEL MIAMI BEACH welcomes our Military! Military discount - 20% Discount + Free Parking 2 nights minimum stay. Bookings on website. Ideal location in Art Deco District Miami Beach, yet on the quiet side of Ocean Drive, steps from the ocean. Ocean Five Hotel - 426 Ocean Drive, Miami Beach, FL 33139, www.oceanfive.com

<u>MIAMI OPEN CITY TOUR</u> free hop on - hop off transportation to active duty and veterans as well as \$19 (50% discount) to spouse and children (I.D. required). Journey begins at Bayside from 9am with the last departure at 4:30pm. Buses are equipped with: Retractable roof (for all weather), Wi-Fi, 7 language audio presentation, Air conditioning on lower deck, handicap essentials. www.miamiopencitytour.com/en/

<u>DIVING MUSEUM</u> All active duty military are free. Museum dedicated to collecting, preserving, displaying and interpreting artifacts, antiques, books, documents, photographs and oral history relative to the History of Diving and celebrates the special role that South Florida and the Florida Keys played in this untold story. Mile Marker 83 on US-1 in Islamorada on the Bay Side. www.divingmuseum.org/

PEREZ ART MUSEUM MIAMI 1103 Biscayne Blvd., Miami, FL 33132, Active U.S. Military free with ID. http://www.pamm.org/

<u>BIGSTAR MOVIES</u> offers active and veteran service men and women a discounted rate - a one year membership, all access pass, for five dollars. \$5 membership (\$34.99 regular rate) for an entire year provides access to worldwide cinema. No matter where you are deployed, you can have access as long as you have an internet connection. BIGSTAR Movies- go to the secure link HTTPS://www.bigstar.tv/?promo=usaf and fill in the information.

MILLER'S DORAL ALE HOUSE Service members in uniform - 25% discount on meals, 3271 NW 87 Ave, Doral, www.millersalehouse.com/location/doral-ale-house.

FAIRCHILD TROPICAL BOTANIC GARDEN offers active duty military personnel with ID free admission. Admission for spouses is \$20 and children \$10 (with ID). www.fairchildgarden.org/

RUNNER'S CO 10365 NW 41 Street, Doral, FL 33178 305.599.9972, www.runnersco.com, offers all USSOUTHCOM employees a 10% discount with ID.

MIAMI SEAQUARIUM free entry for all service members with ID. 4400 Rickenbacker Causeway, Miami, FL 33149.

BUBBA GUMP SHRIMP COMPANY offers a 10% discount with military ID for up to 8 people. www.bubbagump.com/locations/miami/

<u>MCDONALD REALTY</u> Home Purchases, Sales, Rentals and Property Management for Miami-Dade and Broward. 15% off standard commission rates for homes and all purchases for military personnel, gov. civilians and their families. Veteran-owned, Certified Florida Military Specialist. Col David R. McDonald, Jr., USA ret, Certified Luxury Home Marketing Specialist, Florida Military Specialist Broker/Owner, McDonald Realty, 954.443.6705 (o) 954.632.9105 (c)

<u>PARK 'N FLY</u> - 30% off posted rates for all Military. Show your Military ID Card and Save. The rates for Military in Miami is \$7 outside and \$9 inside both valet parking included. View Quick Presentation - https://www.dropbox.com/s/mho5g3xweyOiuin/Miami%20ParkNFly%20Preso.pdf. https://www.pnf.com/

<u>YOUNG AT ART MUSEUM</u> All men and women currently serving in the military, veterans and their - \$11 per person, honored at the Young At Art admissions desk. Please present a military ID to receive the discount. 751 SW 121 Ave. Davie. Hours: Monday-Thursday, 10am-5pm; Friday and Saturday, 10am-6pm, Sunday 11am-6pm. Admission - \$14 per person; \$12 for Broward County residents, seniors and children over age 1 and \$11 for military members and their immediate families. 954.424.0085 or www.YoungAtArtMuseum.org.

<u>SAFARI EDVENTURE</u> Hands-on nature and wildlife presentations. 23700 SW 142 Ave, Miami, Fl. 33170, (About 3 miles south of Cutler Ridge - or - 7 miles north of Homestead.) Active U.S. military families, (Active personnel, spouse, & their children entering with them): \$2 off each. http://safariedventure.com/

FLORIDA STATE PARKS Military discount - https://www.floridastateparks.org/content/annual-pass-information#discountsforveterans

<u>HOLISTIC HEALTH AND WELLNESS WITH YOKO</u> To support you in managing your stress, emotions, exercise, well being and nutritional needs through Crystal Therapies, Counseling and Nutrition from Integrative Quantum Medicine. 15% discount to all Military and their families. Email yoko.bagnariol@gmail.com or call Yoko at 305.728.9022 for appointments Monday to Saturday. https://www.MiamiHolisticHealth.com.

<u>CANDY YEUNG, RE/MAX REALTOR</u> offers 10% to 25% cash back to veterans, active Military & Military Civilians when you buy/sell with Candy. <u>www.BestFloridaHouses.com/militaryfamilies.</u> <u>ACTORS' PLAYHOUSE</u> - 15% military discount. You may order your tickets (up to four - 4 per order.) based on availability. Their system will provide sales Wednesday-Friday and Sunday matinees unless availability for discount tickets change based on limited inventory. Not valid with other promotions. Please present current Military ID at will call when you pick up your tickets! http://www.actorsplayhouse.org/

<u>GABLESTAGE</u> welcomes U.S. Military Personnel, Spouses and Children as well as U.S. Veterans. They offer 10% off tickets and eliminate the convenience charge (excluding Saturday evenings) for military personnel and their immediate families. Please visit their season calendar <u>www.gablestage.org/current-season/</u> to find out what's playing and then contact their Box Office at 305.445.1119, and identify yourself as military personnel wanting to utilize the Blue Star program (or use CODE: BLUE to purchase online.) Discounted tickets are based on availability and available at the Will Call one hour prior to show time. Additional discounts may be offered throughout the season on special events as they become available. <u>www.gablestage.org/plan-your-visit/blue-star-theatre/</u>

<u>PLANET BEACH SPRAY & SPA DORAL</u> offers all military personnel (and one of 12 state-of-the-art spa treatments, including: massages, facials, hydration & detox treatments, teeth whitening, guided meditation, oxygen therapy, spray tans, weight loss & anti-aging treatments. Treatments are also available by individual session and through specially priced packages and offers. Current Military I.D. required. http://planetbeachdoral.com/

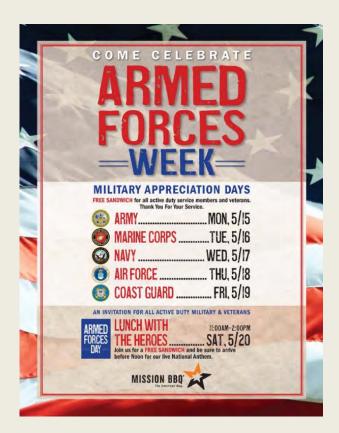
INTERCONTINENTAL AT DORAL MIAMI is proud to support their neighboring service men and women. The hotel is sharing a special package with the military members of South Florida that will make their wedding day one to honor and cherish forever. Their team of specialists is prepared to show their ballrooms and outdoor spaces that can be transformed into your dream setting come to life. Make an appointment to take a tour or reserve your special day. Call 305.468.1400 and ask to be connected to the catering department. www.intercontinental.com/atdoralmiami.

M.I.A. BREWING offers Military, Police, Fire Fighters and First Responders 15% off their tab. Every day. 10400 N.W. 33rd St., Doral, FL 33172 . Suite 150. 850.228.2590

<u>COLD STONE CREAMERY</u> Show your Military ID or civilian CAC card to receive a 10% Discount (minimum \$3 purchase.) 2000 NW 87 Ave., Doral, 33172, Next to Chipotle. 305.477.8711.

ONE PRICE DRY CLEANERS 10% discount on all services to USSOUTHCOM employees and current and retired members of the U.S. Armed Forces (with ID) at all 3 of our locations: 3655 N.W. 107th Ave, Suite 108, Doral FL 33178, 786.631.3105; 7134 S.W. 117th Ave, Miami FL 33183, 305.596.5977; 18729 S. Dixie Highway, Miami FL 33157, 305. 971-1001. www.doraldrycleaners.com.

OCEANICA REALTY LLC. Buy - Sell - Lease - Relocate - Invest. Oceanica Realty will contribute 20% of the brokerage's commission earned from your transaction, to be applied towards your closing costs, when you contract with us to sell or purchase your home. (This discount is for fellow active duty military and veterans, federal civilian employees, police officers, first responders and their immediate family members) Email Military Relocation Professional ("MRP"), Elmer Foster at: info@elmerfoster.com or call Elmer Foster at 954-900 9994 ext. O.



In the Community

NAS KEY WEST MWR 1.305.293-2027, Facebook - https://www.facebook.com/naskeywest/

Web page: www.cnic.navy.mil/regions/cnrse/installations/nas_key_west/ffr/things-to-do.html.

MILITARY HOSPITALITY LOUNGE at Miami International Airport for traveling military personnel and their families. Appropriate military identification and airline tickets or boarding passes are required. Concourse E (in the Central Terminal.) level 2 (Departures and Gates.) Enter hallway to the right of and outside the Security Check-in point. Look for signage directing you to restrooms and the Military Hospitality Lounge. For additional guidance on access to the lounge please check with the nearest Airport Information Counter.

BOOKS & BOOKS EVENTS: Books and Books, 265 Aragon Ave, Coral Gables, Florida 33134. For more details on these and many other author events - www.booksandbooks.com/event/selector. Sign up for emails from Books & Books, www.booksandbooks.com/event/selector. Sign up for emails from Books & Books, www.booksandbooks.com/event/selector. Sign up for emails from Books & Books, www.booksandbooks.com/event/selector. Sign up for emails from Books & Books, www.booksandbooks.com/. Many of their events are live streamed. Check the website for further information. 305.442.4408.

THE BIG READ: VADDEY RATNER - IN THE SHADOW OF THE BANYAN Wednesday, April 19, 2017 - 6:30pm. A beautiful celebration of the power of hope, this New York Times



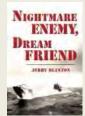
bestselling novel tells the story of a girl who comes of age during the Cambodian genocide. You are about to read an extraordinary story, a PEN Hemingway Award finalist "rich with history, mythology, folklore, language and emotion." It will take you to the very depths of despair and show you unspeakable horrors. It will reveal a gorgeously rich culture struggling to survive through a furtive bow, a hidden ankle bracelet, fragments of remembered poetry. It will ensure that the world never forgets the atrocities committed by the Khmer Rouge regime in the Cambodian killing fields between 1975 and 1979, when an estimated two million people lost their lives. It will give you hope, and it will confirm the power of storytelling to lift us up and help us not only survive but transcend suffering, cruelty, and loss. For seven-year-old Raami, the shattering end of childhood begins with the footsteps of her father returning home in the early dawn hours, bringing details of the civil war that has overwhelmed the streets of Phnom Penh. Cambodia's capital. Soon the family's world of carefully guarded royal privilege is swept up in the chaos of revolution and forced exodus. Over the next four years, as the Khmer Rouge attempts to strip the population of every shred of individual identity, Raami clings to the only remaining vestige of her childhood—the mythical legends and poems told to her by her father. In a climate of systematic violence where memory is sickness and justification for execution, Raami fights for her improbable survival. Displaying the author's extraordinary gift for language, In the Shadow of the Banyan is a brilliantly wrought tale of human resilience. About the Author: Vaddey Ratner is a survivor of the Khmer Rouge regime in Cambodia. Her critically acclaimed bestselling debut novel, In the Shadow of the Banyan, has been translated into seventeen languages. She is a summa cum laude graduate of Cornell University, where she specialized in Southeast Asian history and literature.

DAVID H WEISBERG - THE AMERICAN PLAN. Friday, April 21, 2017 - 8:00pm. Philip Narby is convinced he has been sent from war-ravaged Korea to a remote part of Florida



to serve a clandestine role in the Cold War struggles rising to a boil in Cuba and Latin America. Yet nothing about Narby's life is at it seems. His isolation and paranoia, and the dangerous secrets he carries with him, lead him into a maze of betrayal — political, sexual, racial and financial. A daring and suspenseful tale of survival set in South Florida during the 1950s and early 60s, The American Plan is a vertiginous ride through the mid-century American psyche. The American Plan is the first in a three-novel series exploring the rise and fall of Sun Belt America, from the Korean War through the financial debacle of 2008. About the Author: David Weisberg is the author of Chronicles of Disorder, a groundbreaking study of the works of Samuel Beckett. His writing has appeared in The Albuquerque Alibi, The Tennessee Review, The Mississippi Review, Nepantla, Libido, Nerve.com and other journals. His play, Totem and Taboo, premiered February 2016 at the Central Works Theater in Berkeley, CA. He has taught at Hunter College in New York City and Wesleyan University in Middletown, CT. He currently lives in Berkeley CA.

JERRY BLANTON - NIGHTMARE ENEMY, DREAM FRIEND - Saturday, April 22, 2017 - 7:00pm. As Luther Weitgucker grows up Protestant in early 1900s Dresden, he lives a



charmed existence near the River Elbe, nursing little creatures and humans back to health. As his naturally inquisitive nature and desire to cure disease leads him to dream of becoming a doctor one day, Luther has no idea that a world war is looming in the near future that will change everything for him and everyone he loves. While the Nazi Party gains steam, Luther dives into his studies at the University of Bonn, marries his longtime girlfriend, Sigrid, and eventually focuses on fatherhood as his three sons are born. After Luther decides to join the military, he must not only survive the war but also keep his true views of the Nazis close to his chest. But as Luther's path crosses with those of his villainous foes, he is guided by his character to perform heroic feats that exceed expectations and shine a light on friendships that can survive even war. In this military tale, a young German man enters the chaos of World War II where he must lead a U-boat crew while attempting to maintain his Christian faith, heal others, and love all as brothers and sisters.

SOUTHCOM Gala









Live Music in the Courtyard:

THE CAFE AT CORAL GABLES by Chef Allen FREE! EVERY FRIDAY & SATURDAY 7:30PM to 11:30PM